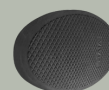


EQUIPMENT LINKS

Easy as Amazon!

Vive Oval Pad (Black)

[Click Here | Direct From Amazon](#)



Set of 2 Yoga Blocks

[Click Here | Direct From Amazon](#)



12" Small Magic Circle

[Click Here | Direct From Amazon](#)



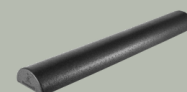
15" Large Magic Circle

[Click Here | Direct From Amazon](#)



Half Foam Roller (36" Long)

[Click Here | Direct From Amazon](#)



9" Small Pilates/Exercise Ball

[Click Here | Direct From Amazon](#)



Large Physio /Exercise Ball

Choose Your Size (55, 65 or 75 cm) & Color!

[Click Here | Direct From Amazon](#)



Tribe 12" (Mini) Fabric Bands

Choose Your Color!

[Click Here | Direct From Amazon](#)



Tribe Long Resistance Bands

[Click Here | Direct From Amazon](#)



Sticky Pads for Wall Bar

[Click Here | Direct From Amazon](#)



Artimex 90"/96"/98" Wall Bars

[Click Here | Direct From Artimex](#)

*Browse the Artimex site for your preferred style. Individuals $\leq 5'6"$ tall are good with 90" tall (230 cm) ladder. Individuals $\geq 5'7"$ need a 240 - 250 cm tall ladder. Whilst black or white metal side "stringers" are standard; colors can be customized ([see color chart](#)). I recommend oval rungs, but round rungs are good, too.

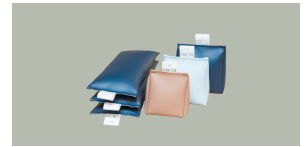


EQUIPMENT LINKS

Easy as Amazon!

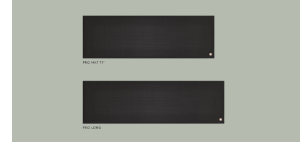
Rice Bags + Schroth Props

[Click Here | Direct From Happy Sew](#)



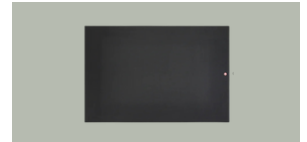
Manduka Yoga Mat
Personal / Standard Size

[Click Here | Direct From Amazon](#)



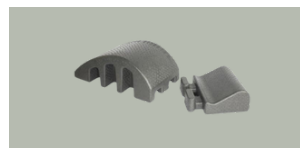
Manduka Mat (79" x 52")
Home Gym Size

[Click Here | Direct From Amazon](#)



Pilates Arc

[Click Here | Direct From Amazon](#)



Quick Release Yoga Strap
(10' long!)

[Click Here | Direct From Amazon](#)



Yoga Tune Up Balls

[Click Here | Direct From Amazon](#)



Door Anchor

[Click Here | Direct From Amazon](#)



Branch Saddle Stool

[Click Here | Direct From Amazon](#)



Hag Chair

[Click Here | Direct From Amazon](#)



WheatDreamz
Standard Size Pillow

[Click Here | Direct From Amazon](#)



Original Massage Stick
18" Travel Size

[Click Here | Direct From Amazon](#)

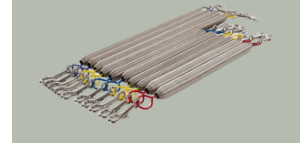


EQUIPMENT LINKS

Easy as Amazon!

Balanced Body Springs
(Long Yellow + Short Yellow)

[Click Here | Direct From Balanced Body](#)



Balanced Body Handles

[Click Here | Direct From Balanced Body](#)



Balanced Body Foot Loops

[Click Here | Direct From Balanced Body](#)



Balanced Body Ankle Cuffs

[Click Here | Direct From Balanced Body](#)



Magnetic Phone Tripod (mini)

[Click Here | Direct From Amazon](#)



Suction Phone Mount

[Click Here | Direct From Amazon](#)



Redecker Dry Brush (3.5")

[Click Here | Direct From Amazon](#)



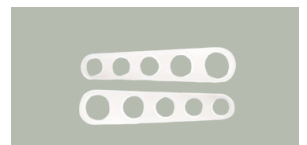
Redecker Dry Brush (5.5")

[Click Here | Direct From Amazon](#)



Yoga Toes

[Click Here | Direct From Amazon](#)



[Massage Cups](#)

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